

CHAPTER – 13  
KEEPING FIT AND CLEAN

A. Tick (√) mark the correct answer.

1. We should use a hanky when we sneeze.  
a. hand ( ) b. hanky (√) c. pencil ( )
2. We should we eat covered food.  
a. dirty ( ) b. covered (√) c. none of them ( )
3. We should wash our hands before and after eating  
a. eating (√) b. sleeping ( ) c. reading ( )
4. We should throw waste into the dustbin  
a. classroom ( ) b. dustbin (√) c. bedroom ( )

B. Write T for TRUE and F for FALSE.

1. I brush my teeth twice a day. ( T )
2. I never eat covered food. ( F )
3. I take bath regularly. ( T )
4. I wash my hands before eating . ( T )
5. I sleep late at night. ( F )

CHAPTER – 14  
WE NEED AIR

A. Tick (√) mark the correct answer.

1. Air is everywhere  
a. everywhere (√) b. room ( ) c. none of them ( )
2. Moving air is called wind  
a.. energy ( ) b. wind (√) c. light ( )
3. Animals need air to breathe.  
a. air (√) b. water ( ) c. food ( )
4. Air helps sailboat to move.  
a. book ( ) b. sailboat (v) c. chair ( )

B. Write T for True and F for False.

1. Air occupies space ( T )
2. We can see air. ( F )
3. Animals do not need air. ( F )
4. We can fill air in a tyre. ( T )

D. Write any three uses of air in your daily life.

ANS - 1. We need air for breathing.

2. To fly kite

3. For pumping ball.

**CHAPTER -15**  
**WE NEED WATER**

**A. Tick (√) mark the correct answer .**

1. Water comes from **rain**  
a. rain ( √ ) b. bathroom ( ) c. bucket ( )
2. We get water from **river**  
a. river ( √ ) b. tap ( ) c. glass ( )
3. **both** need water to stay live.  
a. animals ( ) b. plants ( ) c. both ( √ )
4. We should drink **clean** water  
a. clean ( √ ) b. fresh ( ) c. both ( )

**B. Write T for True and F for False.**

1. Water is not necessary for life ( F )
2. Water is needed for cooking ( T )
3. Water is precious for us. ( T )
4. We should throw left over. ( F )
5. We should drink clean water. ( T )

**C. Write three uses of water.**

ANS –

1. **Cooking food**
2. **Drinking**
3. **Washing clothes.**

**CHAPTER -16**  
**WEATHER**

**A. Tick (√) mark the correct answer.**

1. We wear **cotton** clothes in hot days .  
a. cotton ( √ ) b. woolen ( ) c. raincoat ( )
2. The weather is **cool** in cold days.  
a. warm ( ) b. cool ( √ ) c. windy ( )
3. On a windy day **strong** Winds blow.  
a. strong ( √ ) b. light ( ) c. cool ( )
4. We use **umbrella** in a rainy days .  
a. basket ( ) b. umbrella ( √ ) c. bottle ( )
5. We like to sit near **fire** in a winter days .  
a. river ( ) b. fire ( √ ) c. TV ( )

**C. Write T for True and F for False.**

1. We like to drink tea in a sunny days. ( F )
2. We wear woolen clothes in cold days. ( T )
3. We carry umbrella in rainy days to protect us from rain. ( T )
4. We wear cotton shirts in rainy days. ( F )

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